

RBTC COVID-19 Protocol

➔ If you have the following symptoms:

- » Fever/chills, shortness of breath, cough, difficulty breathing, recent loss of taste or smell, nausea, vomiting, diarrhea, congestion, muscle/body aches, sore throat, headache, or fatigue

DO NOT COME TO SCHOOL

- » Call the Admissions Office and inform them of your symptoms
- » Call your doctor or go to Urgent Care
- » Strongly consider COVID-19 testing

➔ If tested for COVID-19

- » Call the Admissions Office and let them know the date you were tested
- » Stay home and isolate while waiting for results

➔ If tested positive for COVID-19

- » Call the Admissions Office and inform them of your test results
- » Stay home and quarantine for 12 days starting with the day you felt the first symptom
- » You must be quarantined for 12 days AND be symptom/fever free for 24 hours without medicine before returning to school

➔ If you do not get tested

- » You must bring a doctor's note saying you are cleared to come back to school and it must state what your illness was

➔ Direct exposure to COVID-19

- » Direct exposure is defined as being less than six feet apart and face-to-face for 15 minutes or more
- » If you were directly exposed, you must:
 - ▶ Call the Admissions Office and inform them
 - ▶ Quarantine for 14 days from the date of direct exposure

➔ Someone in my household was tested for COVID-19 (Spouse, roommate, sibling, child, etc.)

- » Call the Admissions Office and inform them
- » Quarantine until the person's results come back
- » Isolate from the sick person; do not share room, bathroom, utensils, cups, plates, etc.; if you cannot isolate from the person, it is strongly advised that you wear a mask while around them

➔ Someone in my household tested positive for COVID-19 (Spouse, roommate, sibling, child, etc.)

- » Call the Admissions Office and inform them
- » Quarantine for 14 days from the person's first symptom
- » If you feel symptoms, strongly consider getting COVID-19 testing
- » Isolate from the sick person; do not share room, bathroom, utensils, cups, plates, etc.; if you cannot isolate from the person, it is strongly advised that you wear a mask while around them

➔ COVID-19 Testing Sites

- » Please visit tulsa-health.org/COVID-19 for a list of testing sites, or call 918-582-9355
- » We ask that you get tested within 24 hours of displaying symptoms; please call several places to find the quickest option
- » Also call your doctor, as they often provide quicker test results, and/or go to Urgent Care for evaluation/testing

➔ Face Covering Policy

- » Face coverings—masks, shields, bandanas, or buffs must be worn at all times in school
- » We will reevaluate after Term 1 and will follow the advice of the Tulsa Health Department and the Centers for Disease Control

➔ Social Distancing Policy

- » Students should practice social distancing at all times
- » Students should not hug, shake hands, or touch in any manner
- » Students are required to sit two chairs apart in the classroom
- » Married couples may sit together
- » Do NOT approach an instructor at any time; please message them on Canvas for any questions or comments

➔ Temperature Checks

- » All students are required to use one of the temperature check points in the building upon arrival at school; temperature checks are only required once per day

➔ Sanitizer Stations

- » Upon building entry, all students must use the hand sanitizer stations
- » Frequent hand washing and using hand sanitizer stations several times per day is strongly recommended

➔ Announcements and Exaltation

- » There will be no announcements or Exaltation at this time; we will reevaluate after Term 1

➔ Sanitization Protocol

- » All rooms will be sanitized daily with a sanitation mist machine that kills COVID-19 on all surfaces and carpet
- » All mics will be wiped down between each class